

FAQ

Registration Information for SpiritHeal Institute Programs

1. How do I register for a class?

The class description will have a register button at the bottom of the page, click on it.

2. How do I pay?

You may pay through PayPal, Venmo or by check/money order.

3. What is the cancellation policy?

The cancellation policy is specific for each program and is specified on the payment page.

4. Why is there a cancellation policy?

The program begins the minute you register. The guides ignite a transformation process deep in your soul at the moment of registration.

5. What is the class/workshop/retreat format?

All virtual programs are held in Zoom. You may connect via phone or computer.

6. Know how to mute/unmute your device.

You are on mute when you enter the class and when you speak you will have to mute/unmute yourself.

7. Do I need a Zoom account?

No, you will receive instructions on how to join the program and all you need is your phone (cell or landline) or computer.

8. How does a virtual retreat compare with an in-person retreat at a sacred site such as Sedona or Mt. Shasta?

Over the years, I have held dozens of retreats at powerful sacred sites around the world—Peru, Thailand, Costa Rica, Mexico, and the US. It is wonderful to be in nature and have the silence and stillness surround you every day.

However, I have always taught that each person is a sacred site, meaning we

carry the divine energies within. In the end, we can have a sacred experience in our home that is as rich and rewarding as five days at a holy site. I am very experienced holding teleclasses and virtual retreats, and I can tell you (and so can my students) that they are just as powerful as any other format.

9. What is it like to participate in SpiritHeal Institute program?

Every session is an immersion experience. The meditations guide you into the depths of your being so you have a direct knowing and feeling of the light, energies, and wisdom. Participants are encouraged to respect the silence required to enter the holy sanctuary of being. The more profound times alternate with conversations where sharing questions and comments are encouraged. Learning to share without judgement, interruption, and over managing another's experience runs throughout every training.